

## NCAA Preliminary Rounds Next Up for Cal Track & Field

### 2011 Schedule

Date	Opponent	Result
1/21-22	at Cherry-Silver Invite *	non-scoring
1/28-29	at UW Indoor Invite ^	non-scoring
2/11-12	at Husky Indoor Classic ^	non-scoring
2/25-26	at MPSF Indoors ^	M 6th, W 6th
<b>3/5</b>	<b>Cal Outdoor Opener +</b>	<b>non-scoring</b>
3/11-12	at NCAA Indoors #	M 46th, W 57th
<b>3/23-24</b>	<b>California Multis +</b>	<b>non-scoring</b>
3/25	at SF St. Distance Festival	non-scoring
3/25-26	at Stanford Invite %	non-scoring
4/2	at Johnny Mathis Invite ♦	non-scoring
4/6-9	at Texas Relays =	non-scoring
4/16	at Stanford % (Big Meet) M	65-98, W 75-88
<b>4/22</b>	<b>Brutus Hamilton Open +</b>	<b>non-scoring</b>
<b>4/23</b>	<b>Brutus Hamilton Invite +</b>	<b>non-scoring</b>
5/1	at Payton Jordan Invite %	non-scoring
5/6-7	Pac-10 Multi-Events **	
5/13-14	Pac-10 Championships **	M 9th, W 8th
5/26-28	at NCAA West Preliminary !	All Day
6/10-13	at NCAA Championships >	All Day
6/23-27	at USATF Championships !	All Day

\* Albuquerque, NM            ^ Seattle, WA  
 # College Station, TX        + Berkeley, CA  
 = Austin, TX                    % Stanford, CA  
 \*\* Tucson, AZ                 > Des Moines, IA  
 ! Eugene, OR                  ♦ San Francisco, CA

Home Meets in Bold at Edwards Stadium

### Head Coach Tony Sandoval

With more than 35 years of experience coaching collegiate track & field, Tony Sandoval is in his 29th season as a member of the Cal coach staff and fourth overseeing the men's and women's programs as Director of Track & Field.

Sandoval initially came to Cal as head women's coach in 1983 and served in that capacity for nine years before the men's and women's teams combined into a single entity, serving as associate director of track & field from 1992-2007. In addition, Sandoval, who specializes in coaching the Golden Bear runners in the 800 meters and above, is Cal's head cross country coach.

### Edwards Stadium/Goldman Field

Edwards Stadium/Goldman Field is home to the Cal track & field and team and has witnessed 12 world records, 26 American records and 24 collegiate records. The facility opened in 1932 as the only stadium in the world built for track & field use only. Since that time, Edwards Stadium has hosted eight NCAA championship meets and eight Pac-10 Championships, among many others.



**THIS WEEK IN CAL TRACK & FIELD:** Golden Bears will vie for coveted slots at the NCAA Championships when they compete in the West Preliminary Rounds Thursday-Saturday at Hayward Field in Eugene, Ore. In all, Cal is sending 32 athletes and one relay, who will participate in total 36 events.

The West site includes representatives from 25 states and features 48 entries in individual events and the top 24 relay teams. First-round and quarterfinal heats will narrow the list of competitors to 12 in each event, with the semifinals and championship events contested at the NCAA Championships set for June 8-11 at Drake University in Des Moines, Iowa.

Complete NCAA West Preliminary Round information, including schedules and live results, can be found at [goducks.com](http://goducks.com).

The Bears already have one qualifier for Iowa - senior Mike Morrison, who leads the nation in the decathlon with a 7,921-point total. The top 24 multi-event athletes receive automatic invitations to NCAA nationals.

Five Cal athletes are seeded among the top 10 in their respective events:

Name	Event	Seed	Mark
• Sofia Oberg	W 1500 meters	10th	4:20.06
• Kristen Meister	W High Jump	T2nd	6-1.25
• Tracey Stewart	W Triple Jump	T4th	43-9.75
• Ray Stewart	M 110-meter hurdles	6th	13.48
• Brian Carmichael	M High Jump	T9th	7-1.50

Last year, Cal had 12 athletes qualify for nationals in eight events, including two relays. Some of the more notable preliminary round performances among athletes who will participate again this year were by Alima Kamara, who ran the second-fastest women's 400-meter time in school history (52.75), Steve Sodaro, who won his heat in the men's 3000-meter steeplechase, and Connor Landry, who cleared 17-2.75 in the pole vault.

**STEWART CLAIMS PAC-10 HURDLES TITLE:** Junior Ray Stewart added a second conference title to his 2011 season when he captured the Pac-10 championship in the 110-meter hurdles, crossing the line in a PR 13.48 seconds. The time puts him No. 2 on Cal's all-time performer list behind only school record-holder Larry Cowling and his 13.39 mark from 1982. Stewart also became the first Bears to claim the hurdles race at the league level since Cowling in 1981.

Earlier this year, Stewart won the 60-meter hurdles at the MPSF Indoor Championships in 7.91 seconds. He set the indoor school record of 7.77 on Feb. 12.

**BEAR PAIR JUMP TO RUNNER-UP FINISHES:** Two Golden Bears achieved No. 2 status in their respective events at the Pac-10 Championships May 13-14. Senior Tracey Stewart (no relation to Ray) duplicated her effort from 2010 by taking second in the women's triple jump with an effort of 42-4.25.

In the men's high jump, Brian Carmichael set a lifetime best by clearing 7-1.50. His previous PR came at the '10 Pac-10 meet when he jumped seven feet for the first time, placing sixth at 7-0.25.

**MEISTER SKIES TO SCHOOL RECORD:** Senior Kristen Meister set a Cal record in the women's high jump at the Payton Jordan Invitational at Stanford May 1 when she cleared 6-1.25. The effort broke the 22-year-old mark of 6-0.75 established by Beth Vidakovits in 1989.

Meister had nearly cleared 6-0 in the high jump several times in her career previously, but had not quite been able to surpass the barrier. She went 5-11.50 indoors at the UW Invitational in 2009 and 5-11.25 as recently as at the Big Meet vs. Stanford April 16.

**STOKKE MATCHES POLE VAULT MARK:** Senior Allison Stokke cleared 13-11.75 in the pole vault March 5 to set a Cal indoor record in the event in a last-chance effort to qualify for the NCAA Indoor Championships. She went on to earn All-America honors with an eighth-place finish at nationals.

Stokke broke the Cal indoor mark of 13-9.25 set by Katie Morgan (the 2008 NCAA outdoor champion) in 2009. Morgan holds the Cal outdoor record of 13-11.75. Stokke's best outdoor effort is 13-9.25, while her outdoor best this year is 13-5.50.

**MORRISON POSTS LEADING MARK IN DECATHLON:** Senior Mike Morrison captured the decathlon at the Texas Relays April 7 after accumulating 7,921 points - a total that continues leads the nation. Morrison set or tied four PRs during the two-day event - 100m, 110m hurdles, high jump and javelin. He stood atop the standings after day one and did not relinquish his edge the rest of the way. As a result, he was tabbed the Pac-10 Male Field Athlete of the Week.

Morrison's 7,921 points have been surpassed by only two other decathletes in Cal history – both NCAA champions. Chris Huffins scored 8,007 points in 1993, while Bevan Hart had 8,002 points in 2000.

The 2010 NCAA runner-up in the decathlon when he scored 7.801 points, Morrison is also a two-time MPSF champion in the indoor heptathlon. He was third in the hep at the 2010 NCAA indoor meet before taking fifth this past winter when he set a school record with 5,672 points.

Although he did not partake in the decathlon at the Pac-10 Multis, Morrison finished seventh in the long jump at 24-3.75, matching his season best, and took eighth in the 110-meter hurdles in 14.46 after running a PR 14.35 in the qualifying heats.

**ACADEMIC ANGLES:** A pair of Golden Bear track & field team members were recognized for their performances in the classroom during Cal's recent Academic Honors Luncheon. Senior distance runner Alison Greggor received two awards - an Oscar Geballe Postgraduate Scholarship and the Neufeld Scholar-Athlete Award. The Geballe scholarship includes a \$5,000 stipend, which Greggor will use for working toward a Ph.D. in animal behavior. The Neufeld honor goes to the graduating student-athlete with the highest GPA. Greggor owns a 3.79 GPA as a double major in Spanish and psychology.

In addition, senior Allison Stokke has earned a Pac-10 Postgraduate Scholarship. She is graduating with her bachelor's degree in sociology and plans to pursue a master's in the Cultural Studies of Sport in Education program at Cal.

Last year, pole vaulter Theresa Raub won the Neufeld Scholar-Athlete Award. She earned her bachelor's degree in geography last May and is competing this year as a student in the Graduate School of Education.

**GOLDEN BEAR NOTES:** Freshman Chioma Amaechi leads the Bears in both the shot put (49-7.25) and hammer (189-2), while she is second in the discus (142-5) ... several Bears who figured heavily into the team's plans this season are out with injury, including distance runners scorers Michael Coe and Deborah Maier, and Hammed Suleman, all previous NCAA qualifiers ... at the NCAA indoor championships, Mike Morrison was fifth in the heptathlon, Allison Stokke took eighth in the pole vault, and Hammed Suleman placed 12th in the triple jump ... Golden Bears also won three MPSF indoor crowns - Morrison in the heptathlon, Ray Stewart in the 60-meter hurdles and Suleman in the triple jump.

#### CALIFORNIA ENTRANTS AT NCAA WEST PRELIMINARY ROUNDS

<u>Women</u>				<u>Men</u>			
<i>Name</i>	<i>Event</i>	<i>Seed</i>	<i>Mark</i>	<i>Name</i>	<i>Event</i>	<i>Seed</i>	<i>Mark</i>
Cherrelle Garrett	100m	29th	11.60	Steve Sodaro	3000m SC	24th	8:55.27
Cherrelle Garrett	200m	33rd	23.86	Maxime Chevee	5000m	46th	14:09.40
Alima Kamara	400m	29th	53.88	Ray Stewart	110m hurdles	6th	13.48
Sofia Oberg	1500m	10th	4:20.06	Aaron Burney	110m hurdles	35th	14.24
Chelsea Reilly	1500m	28th	4:24.49	Mike Morrison	110m hurdles	47th	14.35
Taylor Dutch	1500m	34th	4:25.58	Monte Corley	400m hurdles	26th	51.64
Rowena Tam	3000m SC	28th	10:32.79	Brian Carmichael	High Jump	T9th	7-1.50
Taylor Bryson	3000m SC	47th	10:43.68	Nick Ridge	High Jump	29th	6-11.00
Alison Greggor	5000m	23rd	16:16.86	Mike Morrison	Pole Vault	T45th	16-8.75
Emani Truluck	100m hurdles	43rd	13.73	Connor Landry	Pole Vault	T45th	16-8.75
Angelica Weaver	400m hurdles	23rd	59.66	Chase Wheeler	Long Jump	26th	24-7.25w
Truluck/Kamara/Dixon/Garrett	4x100m relay	15th	45.02	Patrick Kowalsky	Shot Put	24th	58-1.25
Kristen Meister	High Jump	T2nd	6-1.25				
Kristin Rimbach	High Jump	T15th	5-10.00				
Gianna Fernandez	High Jump	T22nd	5-9.75				
Allison Stokke	Pole Vault	T19th	13-5.50				
Theresa Raub	Pole Vault	T42nd	12-11.75				
Tracey Stewart	Triple Jump	T4th	43-9.75				
Amanda Hunter	Triple Jump	47th	40-7.00				
Chioma Amaechi	Shot Put	40th	49-7.25				
Kendall Morris	Discus	45th	160-0				
Chioma Amaechi	Hammer	25th	189-2				
Linda Oseso	Hammer	26th	188-7				
Dana Hoolko	Javelin	28th	149-6				

## 2011 California Track & Field Outdoor Best Marks List

Cal Record in Parentheses / # New Cal Record / ^ Cal Freshman Record  
h Earned Mark in Heptathlon / d Earned Mark in Decathlon / i Earned Mark Indoors

### Men

Name	Mark	Date	Site	PR	Name	Mark	Date	Site	PR
<b>100 meters (10.18a, Atlee Mahorn, 1990)</b>					<b>110-meter hurdles (13.39, Larry Cowling, 1982)</b>				
Ray Stewart	10.57	4/16	Stanford	10.57	Ray Stewart	13.48	5/14	Tucson	13.48
Chase Wheeler	10.62	4/16	Stanford	10.62	Aaron Burney	14.24	4/23	Berkeley	14.24
Mike Morrison	10.65d	4/6	Austin	10.65	Mike Morrison	14.35	5/13	Tucson	14.35
Charles Saseun	10.76	4/2	San Francisco	10.76	Monte Corley	14.91	4/16	Stanford	14.91
Nick Porter	10.81	4/23	Berkeley	10.60w	Kevin Kuechler	15.47	4/2	San Francisco	15.30
Tom Blocker	10.90	4/2	San Francisco	10.90	Ikem Okwudiafor	15.34	4/23	Berkeley	15.34
Dan Davis	11.24	4/2	San Francisco	11.24	<b>400-meter hurdles (48.46, Larry Cowling, 1982)</b>				
Chad Jones	11.25	4/2	San Francisco	11.26	Monte Corley	51.64	5/13	Tucson	51.64
Aaron Burney	11.30	4/22	Berkeley	11.30	Cody Schmidt	1:01.76	4/16	Stanford	1:01.76
Kevin Kuechler	11.38	3/23	Berkeley	11.38	Simon Schmidt	1:04.67	4/16	Stanford	1:04.67
Ikem Okwudiafor	11.94	3/5	Berkeley	11.94	<b>3000-meter steeplechase (8:35.37, Kevin Davis, 2007)</b>				
<b>200 meters (20.20, Atlee Mahorn, 1988)</b>					Steve Sodaro	8:55.27	4/16	Stanford	8:40.60
Chase Wheeler	21.47	4/16	Stanford	21.47	Cody Schmidt	9:17.30	4/16	Stanford	9:08.07
Ray Stewart	21.61	5/1	Stanford	21.61	Simon Schmidt	9:19.03	4/22	Berkeley	9:19.03
Tojsh Kennedy	22.52	4/2	San Francisco	22.34	<b>4x100-meter Relay (39.14, Strickland/Burns/Nichols/Walker, 1975)</b>				
Dan Davis	22.61	4/22	Berkeley	22.61	NM				
Taylor Kientzel-Means	24.18	4/2	San Francisco	24.18	<b>4x400-meter Relay (3:03.9, Wallace/Walker/Mosley/Robinson, 1976)</b>				
Ikem Okwudiafor	24.53	4/2	San Francisco	24.53	Davis/Porter/Locklear/Wheeler	3:15.00	4/16	Stanford	3:15.00
<b>400 meters (45.46, Peter Howard, 1985)</b>					Davis/Kennedy/Corley/Morrison	3:15.97	3/25	Stanford	3:15.97
Dan Davis	48.12	5/13	Tucson	48.12	<b>High Jump (7-5.75, Jeff Rogers, 1990)</b>				
Tojsh Kennedy	49.35	4/23	Berkeley	48.31	Brian Carmichael	7-1.50 (2.17m)	5/13	Tucson	7-1.50
Mike Morrison	49.84d	4/6	Austin	48.63	Nick Ridge	6-11.00 (2.11m)	5/13	Tucson	6-11.00
Nick Porter	50.59	3/5	Berkeley	50.59	Maurice Valentine Jr.	6-8.00 (2.03m)	4/16	Stanford	6-8.00
Kevin Kuechler	51.57	3/23	Berkeley	51.39i	Mike Tracy	6-8.00 (2.03m)	4/16	Stanford	6-8.00
<b>800 meters (1:45.4, Rick Brown, 1972)</b>					Mike Morrison	6-6.25 (1.99m)d	4/6	Austin	6-6.25
Jordan Locklear	1:50.49	5/13	Tucson	1:50.49	Kevin Kuechler	5-10.50 (1.79m)	3/23	Berkeley	6-0.75
Monte Corley	1:58.90	3/5	Berkeley	1:58.90	<b>Pole Vault (18-8.25, Brent Burns, 1992)</b>				
<b>1500 meters (3:39.59, Mark Matusak, 2010)</b>					Mike Morrison	16-8.75 (5.10m)d	4/7	Austin	17-0.75i
Michael Coe	3:44.95	4/16	Stanford	3:41.60	Connor Landry	16-8.75 (5.10m)	4/23	Berkeley	17-5.50i
Steve Sodaro	3:47.69	3/25	Stanford	3:46.96	Kyle Mills-Bunje	13-7.25 (4.15m)	4/16	Stanford	16-0.75i
Jordan Locklear	3:48.08	5/1	Stanford	3:48.08	Kevin Kuechler	12-10.25 (3.92m)d	5/7	Tucson	13-3.50i
Bob Reistenberg	4:01.06	3/5	Berkeley	4:01.06	<b>Long Jump (26-6.25, Curtis Rogers, 1990)</b>				
J.J. Solorzano	4:06.60	3/25	San Francisco	4:06.60	Mike Morrison	24-3.75 (7.41m)d	4/6	Austin	24-6.25
Austin Jett	4:16.09	4/22	Berkeley	4:00.82	Taylor Kientzel-Means	23-10.25 (7.27m)	4/16	Stanford	23-10.25
Mike Morrison	4:49.38d	4/7	Austin	4:41.39	Chase Wheeler	23-5.25 (7.14m)	4/23	Berkeley	23-10.75i
Kevin Kuechler	5-10.11d	5/7	Tucson	4:50.14	Chase Wheeler	24-7.25w (7.50m)	4/16	Stanford	24-7.25w
<b>Mile (3:56.18, Michael Coe, 2009)</b>					Chad Jones	23-4.50 (7.12m)	5/13	Tucson	23-4.50
Michael Coe	4:00.07	4/23	Berkeley	3:56.18	Kevin Kuechler	22-7.00 (6.88m)d	5/6	Tucson	22-8.50i
Jordan Locklear	4:07.23	4/23	Berkeley	4:07.23	Hammed Suleman	22-1.00 (6.73m)	3/25	Stanford	24-8.50
Steve Sodaro	4:07.78	4/23	Berkeley	3:59.42	Idarre Coles	20-4.50 (6.21m)	3/5	Berkeley	22-0.25i
<b>3000 meters (7:48.05i, Michael Coe, 2009)</b>					<b>Triple Jump (55-0.00, Ken Williams, 1985)</b>				
Michael Coe	8:07.96	4/16	Stanford	7:48.05i	Hammed Suleman	50-9.50 (15.48m)	3/26	Stanford	52-10.75i
Maxime Chevee	8:23.10	4/16	Stanford	8:23.10	Chad Jones	49-3.00 (15.01m)	4/16	Stanford	49-3.00
Matt Miller	8:28.18	4/16	Stanford	8:28.18	Taylor Kientzel-Means	47-11.75 (14.62m)	3/26	Stanford	47-11.75
J.P. Slater	8:37.77	4/16	Stanford	8:37.77	Ikem Okwudiafor	44-7.50 (13.60m)	4/16	Stanford	44-7.50
Renaud Poizat	8:40.03	4/16	Stanford	8:40.03	<b>Shot Put (66-3, Dave Porath, 1981)</b>				
Andres Diaz	8:40.88	4/16	Stanford	8:39.10	Patrick Kowalsky	58-1.25 (17.71m)	4/16	Stanford	59-3.00
Matt Petersen	8:48.22	4/16	Stanford	8:48.22	Kevin Kuechler	40-9.75 (12.44m)d	5/6	Tucson	43-11.75i
Ethan Mark	8:52.75	3/5	Berkeley	8:52.75	Mike Morrison	40-8.25 (12.40m)d	4/6	Austin	43-4.50i
Bob Reistenberg	9:05.21	4/16	Stanford	9:05.21	<b>Discus (210-11, Ramon Jimenez-Gaona, 1992)</b>				
<b>5000 meters (13:31.8, Bolota Asmerom, 2001)</b>					Patrick Kowalsky	161-9 (49.31m)	5/1	Stanford	165-2
Maxime Chevee	14:09.40	5/1	Stanford	14:09.40	Jeff Butler	157-2 (47.90m)	3/25	Stanford	157-2
Cody Schmidt	14:29.13	4/22	Berkeley	14:29.13	Mike Morrison	128-5 (39.14m)	5/2	Stanford	130-4
Matt Miller	14:34.48	4/22	Berkeley	14:34.48	Kevin Kuechler	124-8 (38.00m)d	5/7	Tucson	129-9
Matt Petersen	14:46.45	4/22	Berkeley	14:46.45	<b>Hammer (229-0, Jari Matinoli, 1986)</b>				
Kari Karlsson	14:51.18	5/1	Stanford	14:01.99	Patrick Kowalsky	169-10 (51.78m)	4/16	Stanford	169-10
J.P. Slater	14:54.21	4/22	Berkeley	14:54.21	<b>Javelin (250-10, Ryan Young, 2009)</b>				
Renaud Poizat	14:56.07	3/25	San Francisco	14:56.07	Mike Morrison	194-9 (59.36m)d	4/7	Austin	194-9
Simon Schmidt	15:09.79	3/25	Stanford	15:09.79	Kyle Mills-Bunje	175-5 (53.47m)	4/16	Stanford	175-5
Bob Reistenberg	15:04.64	4/22	Berkeley	15:04.64	Kevin Kuechler	155-8 (47.46m)	5/7	Tucson	159-1
Andres Diaz	15:14.66	4/22	Berkeley	15:14.66	<b>Decathlon (8,007, Chris Huffins, 1993)</b>				
Ethan Mark	15:18.04	3/25	San Francisco	15:18.04	Mike Morrison	7921	4/7	Austin	7921
<b>10,000 meters (28:32.27, Yosef Ghebray, 2009)</b>					Kevin Kuechler	6507	5/7	Tucson	6638
Matt Miller	30:59.48	3/25	Stanford	30:59.48					

# 2011 California Track & Field Outdoor Best Marks List

Cal Record in Parentheses / # New Cal Record / ^ Cal Freshman Record  
h Earned Mark in Heptathlon / d Earned Mark in Decathlon / i Earned Mark Indoors

## Women

Name	Mark	Date	Site	PR	Name	Mark	Date	Site	PR
<b>100 meters (11.33, Antonette Carter, 2006)</b>					<b>100-meter hurdles (13.02, Kimyon Broom, 2009)</b>				
Cherrelle Garrett	11.60	4/23	Berkeley	11.38	Emani Truluck	13.73	5/14	Tucson	13.73
Charnell Price	11.68	4/16	Stanford	11.68	Dantia Hudson	14.87	5/2	Stanford	14.27
Kayla Dixon	11.93	5/1	Stanford	11.93	Tiarra Pittman	15.43	3/5	Berkeley	15.43
Emani Truluck	12.35	4/22	Berkeley	12.35	<b>400-meter hurdles (57.61, Helga Haldorsdottir, 1986)</b>				
Tiarra Pittman	12.49	3/5	Berkeley	12.49	Angelica Weaver	59.66	4/2	San Francisco	59.66
Dantia Hudson	12.94	4/22	Berkeley	12.79	Ashley Cooke	1:00.58	4/16	Stanford	1:00.58
<b>200 meters (22.72, Antonette Carter, 2006)</b>					Natalya Beneby	1:04.91	4/16	Stanford	1:00.50
Cherrelle Garrett	23.86	5/1	Stanford	23.63	Laureina Toler	1:06.65	4/2	San Francisco	1:02.30
Charnell Price	24.08	4/16	Stanford	24.08	Shannon Forbes	1:06.13	4/22	Berkeley	1:01.85
Kayla Dixon	24.25	5/1	Stanford	24.25	<b>3000-meter Steeplechase (10:22.38, Mariele Schlueter, 2002)</b>				
Emani Truluck	25.21	5/1	Stanford	25.21	Rowena Tam	10:32.79	4/16	Stanford	10:32.79
Hayley Huxtable	25.33	4/2	San Francisco	24.90	Taylor Bryson	10:43.68	5/2	Stanford	10:43.68
Tiarra Pittman	26.20	3/5	Berkeley	26.20	<b>4x100-meter Relay (44.28, Omwanghe/T. Johnson/Hawes/Carter, 2004)</b>				
Angelica Weaver	26.22	4/2	San Francisco	26.22	Price/Stewart/Dixon/Garrett	44.75	4/16	Stanford	44.75
Laureina Toler	26.79	3/5	Berkeley	26.79	Truluck/Kamara/Dixon/Garrett	45.02	5/14	Tucson	45.02
Dantia Hudson	27.66	3/5	Berkeley	27.66	Kamara/Price/Dixon/Garrett	45.55	4/23	Berkeley	45.55
<b>400 meters (52.53, Latasha Gilliam, 1996)</b>					Price/Dixon/Weaver/Garrett	45.93	3/26	Stanford	45.93
Alima Kamara	53.88	4/16	Stanford	52.75	<b>4x400-meter Relay (3:35.46, Turner/Pierce/E. Smith/A. Johnson, 2007)</b>				
Kayla Dixon	55.14	5/13	Tucson	55.14	Weaver/Cooke/Dixon/Price	3:47.00	3/5	Berkeley	3:47.00
Angelica Weaver	55.55	5/13	Tucson	55.55	Dixon/Price/Meister/Kamara	3:48.63	4/16	Stanford	3:48.63
Ashley Cooke	56.08	3/5	Berkeley	55.99i	Cooke/Kamara/Price/Weaver	3:50.13	3/26	Stanford	3:50.13
Hayley Huxtable	57.13	4/23	Berkeley	55.70	<b>High Jump (6-1.25, Kristen Meister, 2011)</b>				
Kristen Meister	58.12	4/2	San Francisco	58.12	Kristen Meister	6-1.25 (1.86m)#	5/2	Stanford	6-1.25
Laureina Toler	1:01.64	3/5	Berkeley	58.07	Kristin Rimbach	5-10.00 (1.78m)	4/23	Berkeley	5-10.00
<b>800 meters (1:59.29, Alysia Johnson, 2007)</b>					Gianna Fernandez	5-9.75 (1.77m)	5/14	Tucson	5-9.75
Sofia Oberg	2:08.21	4/23	Berkeley	2:03.99	Natalie Hoage	5-4.25 (1.63m)	3/5	Berkeley	5-4.25
Taylor Dutch	2:12.18	4/16	Stanford	2:12.18	<b>Pole Vault (13-9.25, Katie Morgan, 2008)</b>				
Alima Kamara	2:14.65	3/26	Stanford	2:14.65	Allison Stokke	13-5.50 (4.10m)	4/9	Austin	13-11.75i
Taylor Bryson	2:14.91	4/16	Stanford	2:14.91	Theresa Raub	12-11.75 (3.96m)	4/23	Berkeley	13-1.75i
Rowena Tam	2:15.49	4/16	Stanford	2:15.49	Nicole Larson	11-9.75 (3.60m)	4/16	Stanford	11-9.75
Sarah Keddington	2:15.71	4/22	Berkeley	2:15.71	<b>Long Jump (22-1.00, Sheila Hudson, 1990)</b>				
Angelica Weaver	2:18.65	3/5	Berkeley	2:18.65	Tracey Stewart	20-6.50 (6.26m)	4/16	Stanford	20-6.50
Chelsea Reilly	2:18.83	3/26	Stanford	2:18.83	Amanda Hunter	19-1.50 (5.83m)	4/16	Stanford	19-1.50
<b>1500 meters (4:09.23, Louise Romo, 1984)</b>					Robyn Hunte	18-3.75 (5.58m)	5/2	Stanford	18-3.75
Sofia Oberg	4:20.06	5/2	Stanford	4:20.06	<b>Triple Jump (46-0.75, Sheila Hudson, 1990)</b>				
Rowena Tam	4:23.73	4/23	Berkeley	4:23.73	Tracey Stewart	43-9.75 (13.35m)	4/16	Stanford	43-9.75
Chelsea Reilly	4:24.49	4/16	Stanford	4:24.49	Amanda Hunter	40-7.00 (12.37m)	4/16	Stanford	40-7.00
Taylor Dutch	4:25.26	4/16	Stanford	4:25.26	Gianna Tinetti	37-3.00 (11.35m)	4/22	Berkeley	37-3.00
Alison Greggor	4:29.72	4/23	Berkeley	4:29.72	<b>Shot Put (54-4.75, Kristin Heaston, 1999)</b>				
Juliana Green	4:39.39	4/22	Berkeley	4:39.39	Chioma Amaechi	49-7.25 (15.12m)	5/2	Stanford	49-7.25
Sarah Keddington	4:42.84	3/5	Berkeley	4:42.84	Linda Oseso	46-11.75 (14.32m)	4/16	Stanford	47-3.50i
Hillary Hayes	4:47.68	4/2	San Francisco	4:47.68	<b>Discus (188-11, Kelechi Anyanwu, 2007)</b>				
<b>3000 meters (9:20.05i, Deborah Maier, 2010)</b>					Kendall Morris	160-0 (48.78m)	4/16	Stanford	160-0
Alison Greggor	9:42.89	4/16	Stanford	9:38.88	Chioma Amaechi	142-5 (43.40m)	4/16	Stanford	142-5
Keena Kohl	10:04.00	4/16	Stanford	10:04.00	Clinay Cameron	129-7 (39.49m)	3/5	Berkeley	129-7
Hillary Hayes	10:13.96	4/16	Stanford	10:13.96	Kiely Smith	112-4 (34.24m)	4/16	Stanford	127-9
Crystal Esparza	10:16.44	3/5	Berkeley	10:16.44	<b>Hammer (214-0, Jennifer Joyce, 2002)</b>				
Heather Cerney	10:19.29	4/16	Stanford	10:19.29	Chioma Amaechi	189-2 (57.65m)	5/2	Stanford	189-2
Michelle Davis	10:20.21	4/16	Stanford	9:57.12	Linda Oseso	188-7 (57.49m)	5/13	Tucson	188-7
<b>5000 meters (15:46.8, Kirsten O'Hara, 1985)</b>					Kiely Smith	177-3 (54.04m)	5/2	Stanford	177-3
Alison Greggor	16:16.86	5/2	Stanford	16:16.86	Clinay Cameron	121-10 (37.15m)	4/2	San Francisco	121-10
Rowena Tam	16:24.35	5/2	Stanford	16:24.35	<b>Javelin (152-10, Emilee Strot, 2006)</b>				
Taylor Bryson	16:50.78	3/25	Stanford	16:50.78	Dana Hoolko	149-6 (45.57m)	4/23	Berkeley	149-6
Laurynne Chetelat	17:12.85	3/25	Stanford	15:43.31	Katie Bruzzone	129-5 (39.44m)	3/5	Berkeley	129-5
Heather Cerney	17:13.95	3/25	Stanford	17:13.95	<b>Heptathlon (5624, Ifeoma Ozoze, 1995)</b>				
Keena Kohl	17:17.94	4/22	Berkeley	17:17.94	NM				
Michelle Davis	17:19.81	4/22	Berkeley	16:49.62					
Elisa Karhu	17:28.46	4/22	Berkeley	17:28.46					
Hillary Hayes	17:42.78	3/25	Stanford	17:42.78					
Crystal Esparza	18:08.92	3/25	San Francisco	18:08.92					
<b>10,000 meters (32:40.76, Kirsten O'Hara, 1985)</b>									
Alison Greggor	36:00.24	5/13	Tucson	34:37.01					
Elisa Karhu	36:43.29	5/13	Tucson	36:43.29					